

30 年 齢 別 平 均 身 長

1 男

年齢	6 歳	7	8	9	10	11	12	13	14
年度									
明治 33	107.0	110.9	116.1	120.0	123.9	127.9	133.9	140.0	147.0
34	107.0	111.2	116.1	120.3	125.2	128.8	133.6	138.8	146.7
35	107.0	111.5	116.1	120.6	124.5	129.1	133.6	139.1	145.5
36	107.0	111.5	115.5	120.3	125.2	128.8	133.9	139.4	146.7
37	106.7	110.6	115.2	119.7	124.5	127.9	133.3	139.7	147.9
38	106.4	110.9	115.2	120.0	124.5	128.5	133.6	139.4	146.4
39	106.4	110.9	115.4	120.0	124.8	128.8	133.9	140.0	146.7
40	106.4	110.3	115.2	120.0	124.5	128.5	133.3	139.7	146.7
41	106.7	111.2	116.1	120.3	124.2	128.5	133.6	139.4	146.1
42	106.7	111.2	115.8	120.0	124.5	128.5	133.6	139.1	146.7
43	107.0	111.2	115.8	120.3	124.5	128.5	133.6	139.1	146.4
44	106.7	111.5	116.1	120.6	124.8	128.8	134.2	139.7	146.7
45	107.0	111.2	116.4	120.6	125.2	129.4	134.2	140.0	147.3
大正 2	106.7	111.2	116.1	120.3	125.2	129.1	133.9	140.0	147.3
3	106.7	111.2	115.8	120.6	125.2	129.1	134.2	139.7	146.7
4	107.0	111.5	116.1	120.6	125.2	129.1	134.2	139.7	147.0
5	107.0	111.5	116.1	120.6	124.8	129.4	134.5	140.0	147.3
6	107.0	111.8	116.4	121.2	125.2	129.7	134.5	140.6	147.6
7	107.0	111.5	116.4	120.9	125.5	129.7	134.8	141.2	148.2
8	107.0	111.5	116.4	120.9	125.2	129.7	134.8	140.6	147.9
9	107.0	112.1	116.4	120.9	125.5	129.4	134.8	140.6	148.2
10	-	-	-	-	-	-	-	-	-
11	107.3	112.1	116.7	121.5	125.8	130.0	135.2	140.9	148.8
12	107.3	112.1	117.0	121.5	126.1	130.3	136.1	141.8	148.8
13	107.3	112.1	117.0	121.8	126.1	130.3	135.5	142.4	149.4
14	107.6	112.1	117.3	121.8	126.4	130.3	135.8	142.1	149.7
昭和 15	107.5	112.3	117.3	122.1	126.1	130.7	136.4	143.0	149.8
2	108.0	112.8	117.8	122.4	126.8	131.1	136.8	143.4	150.1
3	108.1	113.1	117.8	122.5	126.8	131.1	136.7	143.3	150.2
4	108.1	113.1	117.9	122.5	127.0	131.2	136.9	143.2	150.6
5	108.1	113.2	118.0	122.6	127.0	131.4	137.1	143.3	150.7
6	108.3	113.3	118.2	122.8	127.2	131.6	137.3	143.6	151.1
7	108.5	113.5	118.3	123.0	127.4	131.8	137.5	143.8	151.3
8	108.7	113.7	118.4	123.1	127.6	131.6	137.8	144.0	151.8
9	108.8	113.9	118.8	123.3	127.6	132.2	138.2	144.7	152.2
10	108.9	114.0	118.9	123.5	127.9	132.3	138.2	144.7	152.4
11	109.0	114.0	119.0	123.7	128.2	132.5	138.2	144.8	152.6
12	109.0	114.2	119.1	123.6	128.2	132.7	137.7	143.9	152.0
13	110.3	114.2	119.1	124.1	128.3	133.0	137.4	144.7	151.8
14	109.1	113.9	119.3	125.0	128.2	132.9	137.8	144.0	152.1
15~22	-	-	-	-	-	-	-	-	-
23	108.2	112.8	117.4	121.9	126.1	130.4	135.0	139.8	146.0
24	108.6	113.5	118.1	122.4	126.6	130.6	135.6	140.7	146.7
25	108.6	113.6	118.4	122.9	127.1	131.1	136.0	141.2	147.3
26	109.1	114.1	118.9	123.4	127.7	131.8	136.2	142.2	148.4
27	109.3	114.2	119.2	123.9	128.3	132.5	137.4	142.9	148.8
28	109.5	114.8	119.7	124.2	128.7	133.1	137.9	143.5	149.9
29	110.0	115.1	120.1	124.7	129.1	133.6	138.5	144.4	150.6
30	110.3	115.6	120.3	125.1	129.6	133.9	139.2	145.3	151.7
31	110.6	115.8	120.8	125.4	130.0	134.5	139.5	145.8	152.3
32	110.7	116.0	121.0	125.8	130.1	135.0	140.2	146.3	153.0
33	110.9	116.2	121.4	126.1	130.7	135.1	140.8	147.1	153.6
34	111.3	116.6	121.6	126.5	131.2	135.9	141.0	147.9	154.3
35	111.7	117.0	121.9	126.8	131.6	136.2	141.9	148.1	155.1
36	112.0	117.3	122.4	127.2	131.9	136.8	142.3	149.2	155.5
37	112.4	117.7	122.9	127.6	132.2	137.1	142.9	149.8	156.4
38	112.6	118.0	123.2	128.0	132.7	137.5	143.4	150.7	157.1
39	113.2	118.5	123.6	128.5	133.2	138.2	144.1	151.2	157.7

昭和28年度以降の18歳以上の数字は大学・短期大学の学生についての平均値である。年齢は4月1日現在において満6年以

の 推 移 (明治33年度~昭和39年度)

(cm)

15	16	17	18	19	20	21	22	23	24
152.1	156.1	157.9	160.0	160.0	160.9	160.0	160.0	160.9	160.9
152.4	157.0	159.1	159.7	160.0	160.0	160.6	159.7	160.9	161.2
151.8	156.4	158.2	159.4	160.3	160.6	160.6	160.9	161.8	160.9
152.1	156.4	158.2	159.7	160.3	160.9	160.6	160.6	160.9	160.6
152.4	157.0	158.5	159.7	160.3	160.9	160.9	160.9	160.6	160.6
152.4	157.0	159.1	160.0	160.6	162.1	160.9	161.2	160.9	160.9
152.7	156.7	159.1	160.3	161.5	160.9	161.5	160.6	161.8	161.8
153.0	156.4	158.8	160.0	160.6	160.6	161.2	160.6	160.3	161.2
152.4	157.3	159.1	159.7	160.6	160.6	160.9	161.2	161.2	161.2
153.0	157.0	159.4	160.0	160.9	161.2	161.2	161.2	161.2	161.5
152.7	157.3	159.1	160.0	160.9	161.5	161.2	161.5	161.2	161.2
153.0	157.0	159.4	160.3	160.9	161.5	161.8	161.8	161.5	161.2
153.3	157.6	159.4	160.6	161.2	161.5	161.8	161.8	161.8	161.2
153.6	157.6	159.4	160.6	161.2	161.2	161.8	161.8	161.8	162.1
153.3	157.9	159.7	160.6	161.2	161.2	161.8	162.1	161.8	161.8
153.6	157.9	159.7	160.9	161.2	161.5	161.8	161.8	162.4	162.1
153.9	158.2	160.0	160.9	161.5	161.8	162.7	162.4	162.4	162.4
154.5	158.5	160.0	160.9	161.2	161.8	162.7	162.4	162.4	162.4
153.9	158.5	160.0	160.9	161.8	160.9	162.1	162.4	162.4	162.7
154.2	157.9	160.0	160.9	161.8	162.1	162.1	162.1	162.1	162.4
154.2	158.2	160.0	161.2	161.8	162.4	162.4	162.7	161.5	162.7
154.5	158.5	160.3	161.5	162.1	162.7	162.7	162.7	163.0	162.7
154.8	158.2	160.6	161.2	162.1	163.0	162.7	163.0	162.7	162.7
155.2	158.8	160.3	161.5	161.8	162.4	162.7	163.0	163.0	162.7
155.2	158.8	160.6	161.5	162.1	162.4	162.4	162.4	162.4	163.0
155.5	159.0	160.6	161.6	162.5	162.7	162.8	162.7	162.6	162.8
155.5	158.4	160.7	161.4	162.5	162.7	163.2	163.1	163.1	163.5
155.5	159.3	160.8	161.8	162.5	162.9	163.0	162.9	162.6	162.9
157.0	159.6	160.1	162.1	162.7	163.0	163.1	163.2	163.1	162.4
156.2	159.5	161.0	161.8	162.3	162.5	163.0	162.9	163.1	164.0
156.6	159.9	161.3	162.5	163.2	163.3	163.4	163.5	163.5	163.2
156.8	160.1	161.7	162.6	163.2	163.4	163.3	163.3	163.4	163.3
156.0	160.3	161.7	162.7	162.8	163.8	163.7	163.7	163.7	163.2
157.5	160.6	162.1	162.9	163.4	163.7	164.0	163.8	163.9	163.7
157.6	160.6	161.8	162.9	163.4	163.9	164.1	164.2	164.4	164.2
157.9	160.7	162.0	163.2	163.6	164.1	164.1	164.3	164.2	164.2
157.2	160.1	161.0	161.8	162.6	163.7	164.0	164.1	164.8	164.3
158.2	160.4	162.3	163.5	163.6	164.3	164.4	164.7	164.9	164.6
158.1	160.9	162.5	163.8	164.3	164.5	164.7	164.8	164.7	164.5
-	-	-	-	-	-	-	-	-	-
152.7	157.9	160.6	162.1	163.0	163.7	164.3	164.1	164.1	164.0
154.2	158.7	161.2	162.3	163.1	163.5	163.8	163.9	163.8	163.7
154.8	159.3	161.8	162.6	163.3	163.7	163.7	164.0	164.0	163.9
156.1	159.8	162.2	163.8	164.4	164.7	164.8	164.9	164.8	164.8
156.8	160.3	162.6	163.0	163.9	164.7	164.9	164.9	164.7	164.7
157.6	160.9	162.9	164.5	164.6	164.9	165.0	164.5	164.5	164.5
158.1	161.3	163.2	164.9	165.3	165.2	165.3	165.1	164.8	164.5
158.5	161.6	163.4	165.0	165.4	165.5	165.6	165.3	165.0	164.5
159.2	162.0	163.7	165.3	165.5	165.7	165.9	165.5	165.3	164.9
159.8	162.4	163.9	165.5	165.7	165.9	165.9	165.9	165.4	165.2
160.3	162.9	164.3	165.6	165.8	166.0	166.1	166.1	165.9	165.4
160.6	163.2	164.5	166.0	166.2	166.2	166.3	166.3	166.1	165.9
161.2	163.6	165.0	166.3	166.4	166.4	166.5	166.5	166.3	166.1
161.8	164.0	165.2	166.5	166.7	166.7	166.7	166.6	166.6	166.4
162.2	164.5	165.6	166.7	166.9	167.0	167.0	166.8	166.5	166.5
162.8	164.8	165.9	166.9	167.0	167.1	167.2	167.1	166.8	166.5
163.2	165.5	166.4	167.3	167.2	167.2	167.4	167.3	167.1	166.7

30 年 齡 別 平 均 身 長

2 女

年齢	6 歳	7	8	9	10	11	12	13	14
年度									
明治 33	104.8	110.0	113.9	119.1	123.9	127.9	133.0	137.9	143.0
34	105.8	110.3	114.2	118.5	123.6	128.5	133.6	139.1	142.7
35	105.8	110.0	114.5	119.1	123.9	128.8	133.9	138.5	142.7
36	105.8	110.3	114.5	118.8	123.6	128.2	133.9	139.1	143.3
37	105.5	109.7	114.2	118.5	123.3	128.5	133.6	139.1	143.3
38	105.2	109.7	113.9	118.8	123.9	128.2	133.9	138.8	143.6
39	105.2	109.4	114.2	118.5	123.3	128.2	133.6	138.8	143.3
40	105.5	109.7	114.2	118.5	123.3	128.2	133.9	139.1	143.6
41	105.5	110.0	114.5	118.8	123.3	128.5	133.9	139.1	143.6
42	105.5	110.0	113.9	118.8	123.3	127.9	133.9	139.4	143.6
43	105.8	110.0	114.5	118.8	123.6	128.5	133.6	139.1	143.6
44	105.5	110.3	114.8	119.1	123.6	128.5	134.8	139.7	143.9
45	105.5	110.3	114.8	119.4	123.9	128.8	135.2	140.3	144.5
大正 2	105.2	110.0	114.5	119.1	123.6	128.8	134.8	140.0	144.5
3	105.2	110.0	114.5	119.1	123.6	128.8	134.8	140.0	144.5
4	105.5	110.3	114.5	119.4	123.9	128.8	135.2	140.3	145.8
5	105.5	110.3	114.8	119.4	123.9	129.1	135.2	140.6	145.8
6	105.5	110.3	114.8	120.0	123.0	129.4	135.5	141.2	145.2
7	105.8	110.0	114.8	119.7	124.2	129.1	135.5	141.5	144.8
8	105.8	110.3	114.8	119.4	124.2	129.1	135.2	141.2	144.8
9	105.8	110.3	115.2	119.7	124.2	129.7	136.1	141.5	146.4
10	-	-	-	-	-	-	-	-	-
11	105.8	110.6	115.5	120.0	124.5	130.0	136.1	141.2	145.5
12	106.1	110.6	115.5	120.3	125.2	130.0	136.7	140.9	146.4
13	106.1	110.9	115.8	120.6	125.2	130.3	137.6	142.7	146.7
14	106.1	110.9	116.1	120.3	125.2	130.6	137.3	142.7	146.7
昭和 15	106.2	111.1	115.8	120.5	125.2	130.6	137.6	142.8	147.5
2	106.9	111.6	116.2	120.9	125.7	131.1	138.0	143.3	147.1
3	106.7	111.7	116.3	121.1	125.7	131.1	138.2	143.4	147.3
4	106.8	111.7	116.5	121.2	125.8	131.2	138.2	143.5	147.5
5	106.9	111.9	116.7	121.3	126.0	131.3	138.4	143.5	147.7
6	107.1	112.0	116.9	121.5	126.3	131.7	138.7	143.6	147.9
7	107.4	112.4	117.3	121.8	126.5	131.9	138.7	144.0	148.0
8	107.6	112.4	117.3	121.8	126.6	132.0	139.5	144.1	148.2
9	107.7	112.7	117.5	122.3	127.0	132.3	139.4	144.6	148.6
10	108.0	112.9	117.8	122.5	127.3	132.7	139.5	144.8	148.7
11	108.0	113.0	117.9	122.6	127.4	132.8	139.7	144.7	148.9
12	107.9	112.9	118.0	122.7	128.1	132.8	139.7	143.8	148.4
13	107.9	112.8	117.8	122.4	127.8	133.2	139.2	143.8	148.3
14	108.1	112.9	117.7	123.0	127.7	132.7	138.8	144.0	148.7
15~22	-	-	-	-	-	-	-	-	-
23	107.3	111.9	116.4	121.1	125.7	130.6	136.6	141.1	145.6
24	107.7	112.7	117.3	121.8	126.2	131.0	136.8	141.8	146.0
25	107.8	112.8	117.6	122.1	126.6	131.7	137.3	142.5	146.6
26	108.8	113.0	118.0	122.7	127.3	132.4	138.3	143.3	147.3
27	108.6	113.6	118.3	123.3	128.0	133.1	138.4	143.8	147.7
28	108.6	114.0	118.8	123.5	128.3	133.6	139.4	144.2	148.0
29	109.1	114.1	119.2	124.0	128.9	134.5	140.2	145.0	148.3
30	109.3	114.6	119.4	124.5	129.5	134.9	141.0	145.7	148.9
31	109.6	114.7	119.9	124.7	130.1	135.8	141.6	146.1	149.3
32	109.7	115.0	120.1	125.2	130.2	136.3	142.2	146.6	149.6
33	109.9	115.2	120.4	125.5	131.0	136.6	142.8	147.1	149.9
34	110.3	115.6	120.8	126.0	131.5	137.6	143.1	147.6	150.3
35	110.6	115.9	121.1	126.3	132.0	138.1	144.0	148.1	150.7
36	111.0	116.3	121.5	126.7	132.4	138.6	144.3	148.8	151.1
37	111.4	116.6	121.8	127.1	132.6	138.9	144.9	149.0	151.6
38	111.6	117.0	122.2	127.4	133.3	139.3	145.4	149.5	151.8
39	112.2	117.6	122.7	128.0	133.5	140.0	146.1	149.9	152.3

210頁の(注)を参照のこと。

の 推 移 (明治33年度~昭和39年度)

(cm)

15	16	17	18	19	20	21	22	23	24
144.8	146.1	147.0	147.0	147.0	147.9	147.9	147.9	147.9	146.1
145.8	146.4	146.4	147.0	147.0	148.2	148.2	147.9	147.0	150.6
145.5	146.7	147.6	147.3	146.6	147.9	147.9	148.5	147.0	150.0
145.8	146.7	147.6	147.9	147.0	147.3	147.9	149.4	148.8	148.2
146.1	147.3	147.9	147.9	148.5	148.2	148.2	147.9	147.9	147.0
146.4	147.9	147.9	147.9	148.2	150.0	147.9	148.8	148.2	151.2
146.7	147.3	147.6	147.6	148.5	148.8	149.4	148.8	150.3	147.9
146.4	147.9	148.5	148.5	147.9	149.7	149.4	149.1	148.8	149.1
146.7	147.9	149.1	149.1	148.8	148.8	149.4	149.4	149.4	148.8
146.7	147.3	148.5	148.2	148.5	149.1	148.8	148.5	149.7	151.5
147.0	148.2	148.8	148.5	148.2	149.1	149.1	149.4	149.1	147.9
146.7	148.5	149.1	148.8	149.1	148.8	149.4	149.4	150.0	149.1
147.3	148.2	148.5	148.8	148.8	149.4	149.7	149.7	150.0	148.5
147.0	148.2	148.5	148.8	149.4	149.4	150.3	150.0	150.3	148.2
147.6	148.5	149.1	149.1	149.7	150.0	150.9	150.9	150.0	149.1
147.6	148.5	149.1	149.4	149.4	149.4	150.6	150.0	150.6	149.7
147.6	148.8	149.1	149.4	149.4	150.3	150.3	150.0	149.4	150.6
147.9	149.1	149.1	149.7	149.7	150.0	150.3	149.1	153.3	148.5
147.9	149.1	149.4	150.0	149.7	149.7	149.1	151.2	152.1	149.7
148.5	149.1	149.4	150.0	150.6	150.0	150.6	150.0	150.6	150.0
148.2	149.1	149.7	150.3	150.9	150.9	150.6	151.2	150.3	148.5
-	-	-	-	-	-	-	-	-	-
148.2	149.1	149.1	149.7	150.0	150.9	150.3	149.7	153.3	151.5
148.8	149.4	149.7	150.0	150.3	150.3	150.6	148.5	149.1	148.5
148.8	149.4	150.0	150.3	150.3	150.9	150.9	148.8	148.8	149.4
148.2	149.7	150.3	150.9	150.9	151.5	151.5	151.2	150.0	151.8
149.0	149.6	150.3	150.5	150.7	151.1	150.6	151.7	150.0	149.1
148.9	149.8	150.6	150.2	151.1	150.8	151.1	149.7	150.2	150.4
149.4	150.3	150.6	150.8	151.7	152.2	151.8	151.4	150.3	150.9
149.5	150.8	150.6	150.7	150.3	151.2	151.3	150.6	151.3	152.4
149.6	150.6	150.7	151.2	151.0	150.5	151.1	151.1	150.1	149.2
149.7	150.7	151.2	151.4	151.5	151.8	151.8	150.6	149.8	151.3
149.9	150.9	151.2	151.4	151.2	152.3	151.8	151.5	151.0	152.3
150.1	150.9	151.1	151.6	151.8	152.2	152.0	151.8	151.5	153.1
150.3	151.2	151.2	151.7	151.6	151.7	153.1	152.2	150.6	151.6
150.7	151.6	151.2	152.0	152.2	152.5	152.2	151.5	152.0	153.2
150.6	151.6	151.8	152.2	152.7	152.3	152.4	152.5	151.2	152.4
150.2	151.0	150.9	151.6	151.2	152.3	152.2	153.4	153.8	151.6
150.2	151.3	152.6	152.7	152.9	153.0	152.6	152.7	152.8	150.9
150.7	152.1	152.5	153.0	154.1	152.7	152.5	151.8	152.6	152.5
-	-	-	-	-	-	-	-	-	-
149.1	151.3	152.1	152.8	153.4	154.0	153.7	153.3	152.4	153.5
149.8	151.5	152.3	152.8	153.2	153.6	153.7	154.4	154.5	153.8
150.2	151.8	152.7	152.7	153.4	153.7	153.3	153.4	153.0	152.5
151.0	151.9	152.5	153.2	153.6	153.8	153.9	153.8	154.3	153.9
151.0	152.1	152.8	152.9	153.4	153.7	154.0	154.0	153.5	153.2
151.3	152.3	153.0	153.8	153.8	153.8	153.9	153.9	153.6	153.8
151.5	152.4	153.0	154.0	154.1	154.1	154.2	153.9	153.6	153.2
151.7	152.6	153.2	154.2	154.3	154.3	154.3	154.1	154.1	153.7
151.9	152.7	153.2	154.3	154.4	154.5	154.6	154.6	154.5	154.3
152.1	152.8	153.3	154.4	154.6	154.6	154.6	154.4	154.2	154.1
152.3	153.1	153.5	154.4	154.6	154.6	154.6	154.6	154.5	154.3
152.5	153.2	153.5	154.6	154.7	154.6	154.8	154.6	154.7	154.4
152.7	153.3	153.7	154.7	154.8	154.7	154.7	154.6	154.4	154.2
153.0	153.5	154.0	154.7	155.0	154.9	154.9	154.9	154.9	153.3
153.3	153.7	154.0	154.8	155.0	154.9	155.1	155.0	154.8	154.7
153.9	154.2	154.4	155.2	155.2	155.0	155.3	155.1	154.8	154.7
153.9	154.4	154.7	155.3	155.4	155.3	155.3	155.1	155.2	155.0